# Behavioral Health Services COUNSELOR TRAINING PROGRAM

Addiction CAT & CAS Certification • Domestic Violence Treatment Provider • Corrections Workshops

NBCC (National Board for Certified Counselors) &

NAADAC (The Association for Addiction Professionals) Approved

Phone: (303) 436-3570 Fax: (303) 436-4023 Email: BHStraining@dhha.org www.denverhealth.org/bhstraining



#### TRAINING OFFERED BY DENVER HEALTH

Welcome to the Behavioral Health Services Counselor Training Center at Denver Health. As the oldest and most trusted training facility in the area, we offer many classes to meet specific requirements for both Colorado and National Counselor Certifications, as well as continuing education for professional development. As derived by the competencies created by OBH, all required classes seek to enhance the ability of the counselor to offer treatment services in a manner that respects gender, race and ethnicity, sexual orientation, cultural, familial, systemic, and socioeconomic diversity.

Our training center is conveniently located in downtown Denver at 1155 Cherokee Street in room 265. You may reach us by phone at (303)436-3570 or by emailing us at BHSTraining@dhha.org. You may also visit our website for updates at: www.denverhealth.org/bhstraining.

#### We look forward to working with you!

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#### **JANUARY 2025 - JUNE 2025 CALENDAR**

#### **JANUARY**

13-14 **Treating Diverse Populations** 23-24 Trauma Informed Care 29-31 Addiction Counseling Skills

#### **FEBRUARY**

3-4

Co-Occurring Disorders 6-7 Advanced Professional and Ethical Practice 10-12 Principles of Addiction Treatment 17-18 **Culturally Informed Treatment** 20-21 Infectious Diseases in Addiction Treatment

26-28 Group Counseling Skills

#### **MARCH**

3-4 **Advanced Treatment Models** 6-7 Advanced Case Conceptualization and Documentation Ethical Practice in Addiction 6-7 Treatment 12-14 Addiction Counseling Skills 13-14 DV: Lesbian, Gay, Bisexual, and Transgender Counseling Issues 24-25 Pharmacology 1 27-28 Cognitive Behavioral Therapy 27-29 Clinical Supervision I

#### **APRIL**

1-3 Motivational Interviewing I 7-8 Advanced Pharmacology 9-11 **Principles of Addiction Treatment** 19 DV: Anger Management 24-25 Clinical Supervision II 24-25 Case Conceptualization and Documentation 28-30 Group Counseling Skills

#### MAY 1-2

Practice 1-2 Trauma Informed Care 5-7 Addiction Counseling Skills 8-9 Infectious Diseases in Addiction Treatment 16 DV: Understanding Personality

Advanced Professional and Ethical

Clusters 19-20 **Treating Diverse Populations** 22-23 Culturally Informed Treatment

#### **JUNE**

2-3 Pharmacology I 5-6 Co-Occurring Disorders 16-17 Ethical Practice in Addiction Treatment 18-20 Principles of Addiction Treatment 19-20 Cognitive Behavioral Therapy 25-26 Advanced Case Conceptualization and Documentation 26-27 Advanced Motivational Interviewing



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#### **JANUARY 2025 - JUNE 2025 CALENDAR**

#### **In-Person Classes**

January 23-24	Trauma Informed Care
January 29-31	Addiction Counseling Skills
February 6-7	Advanced Professional and Ethical
	Practice
February 10-12	Principles of Addiction Treatment
February 26-28	Group Counseling Skills
March 6-7	Advanced Case Conceptualization and Documentation
March 6-7	Ethical Practice in Addiction Treatment
March 12-14	Addiction Counseling Skills
March 13-14	DV: Lesbian, Gay, Bisexual,
	and Transgender Counseling Issues
March 27-29	Clinical Supervision I
April 1-3	Motivational Interviewing I
April 9-11	Principles of Addiction Treatment
April 19	DV: Anger Management
April 24-25	Clinical Supervision II
April 24-25	Case Conceptualization and
	Documentation
April 28-30	Group Counseling Skills
May 1-2	Advanced Professional and Ethical Practice
May 5-7	Addiction Counseling Skills
May 16	DV: Understanding Personality Clusters
May 22-23	Culturally Informed Treatment
June 18-20	Principles of Addiction Treatment
June 25-26	Advanced Case Conceptualization and Documentation

Advanced Motivational Interviewing

#### **Online Classes**

January 13-14	Treating Diverse Populations
February 3-4	Co-Occurring Disorders
February 17-18	Culturally Informed Treatment
February 20-21	Infectious Diseases in Addiction Treatment
March 3-4	Advanced Treatment Models
March 25-26	Pharmacology 1
March 27-28	Cognitive Behavioral Therapy
April 7-8	Advanced Pharmacology
May 1-2	Trauma Informed Care
May 8-9	Infectious Diseases in Addiction Treatment
May 19-20	Treating Diverse Populations
June 2-3	Pharmacology I
June 5-6	Co-Occurring Disorders
June 16-17	Ethical Practice in Addiction Treatment
June 19-20	Cognitive Behavioral Therapy

Courses are offered online and in person with the intent to provide more opportunity to engage with working professionals.



June 26-27





# Visit our website at denverhealth.org/bhstraining for quick and easy online registration!

#### BEHAVIORAL HEALTH ADMINISTRATION COUNSELOR CERTIFICATION TRAINING REQUIREMENTS

For more information, including information for applicants holding a Clinical Masters or Doctorate degree, please contact Behavioral Health Services Training Center (303) 436-3570, BHStraining@dhha.org, or mail to 1155 Cherokee Street Denver, CO 80204 For Colorado CAC Regulations and application visit: http://www.colorado.gov/cs/Satellite/DORAReg/CBON/DORA/1251631998670

#### **CAT-CERTIFIED ADDICTION TECHNICIAN**

High school diploma/GED

1000 hours of supervised work experience

**3 hours** of clinical supervision\* per month for full time work

- 21 hours Addiction Counseling Skills
- 14 hours Case Conceptualization and Documentation
- 21 hours Principles of Addiction Treatment
- 14 hours Ethical Practice in Addiction Treatment
- 14 hours Culturally Informed Treatment
- 14 hours Trauma Informed Care
- 14 hours Pharmacology I
- 21 hours Motivational Interviewing I
  - o Prerequisite is Addiction Counseling Skills
- 21 hours Group Counseling Skills
  - o Prerequisite is Addiction Counseling Skills

Applicant must also pass the National and Jurisprudence Examination.

#### **CAS-CERTIFIED ADDICTION SPECIALIST**

Bachelor's Degree in a Behavioral Health Science

**2000 hours** of supervised work experience beyond the CAT (total 3000 hours for CAS application)

**3 hours** of clinical supervision\* per month for full time work

#### CAT training plus:

- 14 hours Advanced Case Conceptualization
  - o (Prerequisite is Case Conceptualization and

#### Documentation)

- 14 hours Cognitive Behavioral Therapy
- 14 hours Co-Occurring Disorders
- 14 hours Advanced Pharmacology
  - o Prerequisite is Pharmacology I
- 14 hours Advanced Professional and Ethical Practice
  - o Prerequisite is Ethical Practice in Addiction Treatment
- 14 hours Advanced Motivational Interviewing
  - o Prerequisite is Motivational Interviewing I
- 14 hours Advanced Treatment Models
- 14 hours Treating Diverse Populations
- 14 hours Infectious Diseases in Addiction Treatment
- 21 hours Clinical Supervision I
- 14 hours Clinical Supervision II
  - o Prerequisites are Advanced Motivational Interviewing and Clinical Supervision I

Applicant must also pass the National and Jurisprudence Examination.

#### **CREDITS & APPROVAL**

BHA, DORA, Domestic Violence, NAADAC, and/or NBCC state and/or national recognition is indicated for each course listing. BHA/DORA approval categories for Certified Addiction Counselor (CAC) are CAT, CAS, and Licensure. Our courses meet respective CAC requirements and are denoted by \*, \*\*, while others are approved as continuing education.

**BHA** (Behavioral Health Administration) 303-866-7400 or visit their website at https://cdhs.colorado.gov/behavioral-health/workforce-development information.

**DORA** (Department of Regulatory Agencies) (303) 894-7766 or visit their website at https://dora.colorado.gov/ for more information. To check on a CAC application, or to ask questions regarding college equivalency, please call (303) 894-7756.

**Domestic Violence** courses at BHS Training are offered to meet the Colorado Provider Requirement. The DVOMB (Domestic Violence Offender Management Board) does **NOT** pre-approve classes at any facility. For more information, including requirements and application information, visit their website at https://dcj.colorado.gov/training or contact them at (303) 239-4442.

**NAADAC** (The Association for Addiction Professionals) has approved our courses under Education Provider #62575 for NCAC I, II, and MAC. www.naadac.org. See CAAP for NCAC II Test Registration (Course Test Out procedure).

NBCC BHS Training is an NBCC-Approved Continuing Education Provider (ACEP™) and may offer NBCC-approved clock hours for events (or programs) that meet NBCC requirements. Sessions (or programs) for which NBCC-approved clock hours will be awarded are identified in the program bulletin (or in the catalogue or web site. The ACEP is solely responsible for all aspects of the program. ACEP # 5944

#### IMPORTANT INFORMATION

Contact: Phone (303) 436-3570, Fax (303) 436-4023, Email: BHSTraining@dhha.org . Training office hours are 8:30AM-4:00PM, Monday - Friday. Class information: All classes are held from 8:00AM-4:30PM. Students must be in class during that time. Students are asked to arrive on time to their classes. Students cannot come late or leave early and still receive BHA credit or a monetary credit, under any circumstances.

Payment and cancellation information: Full payment is required at the time of course registration. If a student needs to cancel a class, written documentation must be sent 7 days prior to class in order to receive a full refund. Cancellations made after those 7 days might be issued a credit at the discretion of the training department. If a student fails to cancel class before the class begins, there will be no credit issued under any circumstances. Due to limited class size: Addiction Counseling Skills, Advanced Motivational Interviewing I, Clinical Supervision 1, Clinical Supervision II, and Group Counseling Skills have a no refund/credit policy.

Registrations: Registrations are accepted on a first-come, first-serve basis. Some courses have maximum capacity. All classes have a minimum enrollment requirement in order for the class to proceed. Should minimum enrollment not be met, the class will be cancelled, and the student will be notified within approximately 3 business days of the class start date. In this instance, the student will be fully refunded, or he/she may elect to enroll in another class. Refund processing takes 3-4 weeks and requires a SSN or Tax ID number to be processed. No exceptions can be made to these requirements.

**Location:** The BHS Training Center is located in downtown Denver on the second floor of the Denver CARES building at 1155 Cherokee Street (two blocks south of the City and County Building). Parking (pay lots) are available one-quarter block north on both sides of the street. Please see the map at the back of this brochure for locations. There is some street parking available, however, it is limited. Early arrival is recommended for students wishing to utilize this option.

**College Credit:** Please visit DORA's website at https://drive.google.com/file/d/15yLOrbw1UESqnCNJIGpRsnDX7JOT4IFf/view or contact a DORA representative at (303) 894-7800 for information regarding college credit and/or college equivalency. DORA is the only organization approved to evaluate college course work. The BHS Training Department does not evaluate courses for college credit.

**CERTS:** The Colorado Certification Educational Requirements Tracking System is an on line software used to track the successful completion of training courses. The state will exclusively use CERTS to track course completions. The state does require you to register with CERTS by going to https://www.colorado-certs.com making an account and paying a per course fee to track the completion of your courses. The fee will be separate to your class registration and will be paid directly through the CERTS website

**Financial Aid:** Unfortunately, we do not offer financial aid at our facility. However, we do welcome scholarships, providing that the check is made payable to BHS Training (Behavioral Health Services). Please contact us if you have questions regarding this process at (303) 436-3570. \*You may also check for financial assistance with either the Division of Vocational Rehabilitation, or the Colorado Department of Labor and Employment (WIA -Workforce Investment Act funding). BHS Training is an approved training provider with both organizations. Our approved provider name for WIA is COTNHBC (Program name 530203). Please note that both organizations, as well as their availability of financial funding, will vary depending on the county in which you live.

#### BHA/DORA REQUIRED CAC AND ELECTIVE COURSES

(\* and \*\*) denotes class meets BHA/DORA CAC required course category

## ADDICTION COUNSELING SKILLS\*

21 Hours: Meets BHA CAT requirement,

Domestic Violence, NBCC &

NAADAC

Date(s): January 29-31, 2025 March 12-14, 2025

May 5-7, 2025

Cost: \$200

Time: 8:00AM-4:30PM

Trainer(s): Tracy L. Hutchinson, LPC, MAC, CAS

Note: Due to a limited class size for small group skills practice – registration tuition must be paid in full and is <u>non-transferable</u> and <u>non-refundable</u>. Early registration is

strongly encouraged.

Addiction Counseling Skills is considered part of the "Core Curriculum" and basic to the foundational training of an addiction counselor. The purpose of this class is to provide a framework and counseling model for working with clients with substance misuse and addiction. The focus of this course is to teach the counseling skills needed to help clients process their information and move toward the change process. The models utilized are client-centered, counselor-directed therapy along with motivational spirit of counseling. Recording and feedback will assist the participants in developing a standard level of counseling skills proficiency.

## ADVANCED CASE CONCEPTUALIZATION\*\*

14 Hours: Meets BHA CAS requirement,

Domestic Violence, NBCC &

NAADAC

Date(s): March 6-7, 2025

June 25-26, 2025

Cost: \$160

Time: 8:00AM-4:30PM

Trainer(s): Tracy L. Hutchinson, LPC,

MAC, CAS & Erin Gazelka, J.D., M.A.F.P., LPC, LAC, ADS

(Pre-requisite is Case Conceptualization and Documentation)

Client motivation and commitment to treatment begins with the assessment and diagnostic phase that typically occurs at intake. This course will consider the differences between screening and assessment and use of assessment instruments. The class will consider the components of the clinical assessment such as a biopsychosocial interview, assessing risk for self-harm, identifying cultural needs and supports, problem domains, determining stage of readiness for change and strengths of the client. Determining diagnosis utilizing the DSM 5 and resulting level of care for the client will be discussed using the ASAM Criteria. Stages of treatment and systems of care will be covered along with facets of treatment planning.



## ADVANCED MOTIVATIONAL INTERVIEWING\*\*

14 Hours: BHA CAS requirement,

Domestic Violence, NBCC &

NAADAC

Date(s): June 26-27, 2025

Cost: \$160

Time: 8:00AM-4:30PM

Trainer(s): Erin Gazelka, J.D., M.A.F.P.,

LPC, LAC, ADS

(Pre-requisite is Motivational Interviewing)

Note: Due to a limited class size for small group skills practice - registration tuition must be paid in full and is <u>non-transferable</u> and <u>non-refundable</u>. Early registration is

strongly encouraged.

The training is designed to assist the counselor to develop and practice skills to assist clients to identify and strengthen intrinsic motivation for positive change. This is an advanced course in Motivational Interviewing so it is expected that the participant will be able to demonstrate the foundational MI skills by conducting a client interview using the OARSI and responding to no-change talk (resistance). The format will be interactive and experiential in nature. Participants will be afforded an opportunity to obtain focused practice and will receive individualized feedback regarding their MI skills with student and trainer ratings.

Denver CARES is focused on serving the people of our community, but also providing the necessary education to professionals looking to make an impact within the Addictions treatment field.

## ADVANCED PHARMACOLOGY \*\*

14 Hours: Meets BHA CAS requirement,

Domestic Violence,

Continuing Education, NBCC

& NAADAC

Date(s): April 7-8, 2025 (online)

Cost: \$160

Time: 8:00AM-4:30PM

Trainer(s): Thea Wessel, LPC, LAC, MAC

(Pre-requisite is Pharmacology I - strictly enforced)

Advanced Pharmacology will explore the neurobiological basis of addiction and how addictive drugs produce neurochemical changes in the brain's reward pathway. It will also explore new technologies for treatment and prevention based on brain

science. Additionally, functional changes to the brain and the brain's ability to recover after exposure to drugs of abuse, medical problems associated with substance abuse, and the use of pharmacological assists in recovery will be discussed.



#### ADVANCED PROFESSIONAL AND ETHICAL PRACTICE\*\*

14 Hours: Meets BHA CAS requirement,

Continuing Education, NBCC

& NAADAC

Date(s): February 6-7, 2025

May 1-2, 2025

Cost: \$160

Time: 8:00AM-4:30PM

Trainer(s): Tracy Hutchinson, LPC, MAC,

I AC

(Pre-requisite is Ethical Practice in Addiction Training)

This course will provide participants with a comprehensive introduction to ethical and risk management issues related to addiction treatment and services. Topics will include BHA licensing rules; BHA behavioral health rules and regulations; practice standards and guidelines; DORA and the Mental Health Practice Act; the purpose of and the need for written policies and procedures; professional competencies, boundaries and ethical relationships; reporting violations; employee drug testing; liability insurance; clinical versus administrative supervision; the ethical delivery of culturally responsive care and trauma-informed care; and the need for a professional self-care plan.

## ADVANCED TREATMENT MODELS\*\*

14 Hours: Meets BHA CAS Requirement,

NBCC & NAADAC

Date(s): March 3-4, 2025 (online)

Cost: \$160

Time: 8:00AM-4:30PM

Trainer(s): Thea Wessel, LPC, LAC, MAC

Advanced Treatment Models is designed to provide an overview of the specialized models of counseling for behavioral health environment that provide services to co-occurring mental health and addiction interventions. The purpose of this class is to provide information and instruction into those advanced models so that clinical supervisors will have the basic knowledge required to provide adequate support and supervision for these models. The focus of this course is to teach the structure, purpose, appropriate population, and practice details of each model that is covered in the training.

Diversity, Equity, and Inclusion are principles our programs sets as a foundation for our **CAC** trainings on substance abuse and behavioral health.

#### **CASE CONCEPTUALIZATION AND DOCUMENTATION\***

14 Hours: Meets BHA CAT requirement,

**NBCC & NAADAC** 

April 24-25, 2025 Date(s):

\$160 Cost:

Time: 8:00AM-4:30PM

#### Trainer(s): Levon Hupfer, LAC, MAC

This class is designed to provide the counselor with an understanding of the clinical record and the continuum of client care that the record documents and tracks. The class presents screening, basic assessment and evaluation, substance use disorder diagnostic criteria, ASAM patient placement criteria, introduction to treatment planning, progress note completion, documentation requirements and basic referral and discharge planning. It emphasizes the confidentiality of the client record and includes releases of information, mandatory disclosure, and informed consent among others.



#### **CLINICAL SUPERVISION I\*\***

Meets BHA CAS requirement, 21 Hours:

Domestic Violence, NBCC &

NAADAC

Date(s): March 27-29, 2025

\$200 Cost:

Time: 8:00AM-4:30PM

Trainer(s): Erin Gazelka, J.D., M.A.F.P.,

LPC, LAC, ADS

Note: Due to a limited class size for small group skills practice - registration tuition must be paid in full and is <u>non-transferable</u>

and non-refundable.

This training is designed to help a counselor learn the models of supervision and tools necessary to use as a standard of supervision practice. In this course the counselor will be exposed to supervision that is tailored to the supervisee's developmental level of experience. Ethical supervisory practices, including supervision contracts and work verification practices, will be discussed. Videotaping and feedback will assist the counselors in developing a standard level of supervisory skills proficiency.

#### **CLINICAL SUPERVISION II\*\***

14 Hours: Meets BHA CAS requirement.

Domestic Violence, NBCC &

NAADAC

April 24-25, 2025 Date(s):

Cost: \$160

Time: 8:00AM-4:30PM

Trainer(s): Erin Gazelka, J.D., M.A.F.P.,

LPC, LAC, ADS

Note: Due to a limited class size for small group skills practice - registration tuition must be paid in full and is non-transferable and non-refundable.

(Pre-requisites are Clinical Supervision I and Advanced Motivational Interviewing)

The aim of this training is to teach clinicians and other service providers who already have acquired MI skills, and who have or will have a supervisory role, how to observe and coach their supervisees in the proper application of these skills in diverse and integrated care environment. MITI 4.2.1 (Motivational Interviewing Treatment Integrity Coding Manual 4.2.1 is a template provided by MINT (https://motivationalinterviewing.org/ motivational-interviewing-resources ) for training supervisees to use MI in joining and engaging the client and improving client commitment to treatment during and following screening and assessment. Using the framework of this scoring and feedback technique, training participants will practice effective coaching and supervisory skills to help team leaders, managers, and supervisors work with their staff to incorporate their MI skills more often and consistently. There will be an emphasis on MI interview rating systems and general interview rating etiquette. Participants will discuss how to use feedback to coach supervisees, practical guidelines for MI supervision, how to code in a manner that enhances clinical supervision and implementation considerations.

**BHS Trainings provide** the most current evidence-based training for today's working professionals.

#### **COGNITIVE BEHAVIORAL THERAPY\*\***

14 Hours: Meets BHA CAS requirement,

**NBCC & NAADAC** 

Date(s): March 27-28, 2025 (Online)

June 19-20, 2025 (Online)

Cost: \$160

8:00AM-4:30PM Time:

#### Trainer(s): Thea Wessel, LPC, LAC, MAC

CBT is an evidenced-based treatment and is foundational to the addiction treatment field. Participants will learn the theoretical foundations of CBT and how to incorporate CBT skills in a comprehensive treatment strategy that includes intake, assessment, case conceptualization, treatment planning. and therapy. Counselors will learn and practice effective ways to utilize the tools specific to CBT with their clients.

#### **CO-OCCURRING DISORDERS\*\***

14 Hours: Meets BHA CAS requirement,

Domestic Violence, NBCC &

NAADAC

Date(s): February 3-4, 2025 (Online)

June 5-6, 2025 (Online)

\$160 Cost:

Time: 8:00AM-4:30PM

Trainer(s): Thea Wessel, LPC, LAC, MAC

For the purposes of this class, co-occurring disorders refers to co-occurring substance use and mental health disorders. The class will focus on the interrelationship of these disorders and the differing needs of this population group. The class is structured to meet the needs of addiction counselors to aid in coordinating integrated treatment services to more effectively treat the whole person. It will discuss three types of substance abuse programs: addiction only services, dual diagnosis capable, and dual diagnosis enhanced. Evidence-based treatment approaches with co-occurring disorders will be presented along with elements of treatment planning, importance of diagnosis and the use of medications to enhance treatment. The primary resource is SAMHSA TIP 42 "Substance Abuse Treatment for Persons with Co-occurring Disorders.'



#### **CULTURALLY INFORMED TREATMENT\***

14 Hours: Meets BHA CAT requirement,

NBCC & NAADAC

February 17-18, 2025 (Online) Date(s):

May 22-23, 2025

Cost: \$160

8:00AM-4:30PM Time:

Trainer(s): Thea Wessel, LPC, LAC, MAC

& Erin Gazelka, J.D., M.A.F.P.,

LPC, LAC, ADS

This class introduces aid the counselor in working with culturally diverse individuals, explores barriers to treatment and recovery, and presents recommended treatment approaches for diverse populations. The importance of cultural diversity as a factor in substance use disorder treatment will be discussed and cultural competency will be defined. This class will provide an opportunity for the student/participant to explore their attitudes and beliefs regarding working with various cultural groups.

#### **DOMESTIC VIOLENCE:** ANGER MANAGEMENT

7 Hours: Domestic Violence,

Continuing Education, NBCC

& NAADAC

Date: April 19, 2025

Cost: \$90

Time: 8:00AM-4:30PM

**Trainer:** Peter Di Leo, MA, LPC

This class is not offered as an alternative for domestic violence treatment; rather, it is an in-depth look at one essential component of treatment for many client profiles. Participants will gain a greater understanding of this issue as well as practical techniques for working with angry clients.

**BHS Training provides** all the classes required to obtain your CAT, CAS, and LAC certifications.

#### **DOMESTIC VIOLENCE: UNDERSTANDING PERSONALITY CLUSTERS**

7 Hours: Domestic Violence, Continuing

Education, NBCC & NAADAC

Date: May 16, 2025

Cost: \$90

Time: 8:00AM-4:30PM

Trainer: Peter Di Leo, MA, LPC

This class presents an overview of a psychologically integrated model of domestic violence intervention, including a review of the MCMI-III data and batterer typologies. Both risk assessment and treatment planning will be discussed and applied to case studies.



#### **DOMESTIC VIOLENCE:** LESBIAN. GAY. BISEXUAL **AND TRANSGENDER COUNSELING ISSUES**

14 Hours: Domestic Violence,

Continuing Education, NBCC

& NAADAC

Date: March 13-14, 2025

Cost: \$160

Time: 8:00AM-4:30PM

Trainer: Peter Di Leo, MA, LPC

This course will explore a range of issues which can arise in counseling Gay, Lesbian, Bisexual and Transgender clients, particularly regarding Domestic Violence interventions. Topics range from "identity and coming-out" through "homophobia and civil rights" to "life-partnerships and co-parenting." The course will emphasize treatment planning and accessibility, and it will address rapidly growing terminologies and unique powerand-control dynamics as well as multiple assessment models, tools, and resources. Illustrative video excerpts will enhance the participant's experience.

Please visit our website at denverhealth.org/ bhstraining for a quick and easy online registration.

#### ETHICAL PRACTICE IN ADDICTION TREATMENT\*

14 Hours: Meets BHA CAT requirement.

Domestic Violence,

Continuing Education, NBCC

& NAADAC

March 6-7, 2025 Date(s):

June 16-17, 2025 (Online)

Cost: \$160

8:00AM-4:30PM Time:

Trainer(s): Tracy Hutchinson, LPC, MAC,

LAC & Thea Wessel, LPC,

LAC, MAC

This training will focus on professional and ethical issues specific to the practice of addiction counseling and the treatment of co-occurring disorders. This training will build and strengthen the trainee's knowledge of NAADAC's Code of Ethics, and federal and state rules and regulations that are essential for safe practice. In this training, trainees will be exposed to the Colorado Mental Health Practice Act including the prohibited activities, 42 CFR Part 2, and HIPAA that regulate the practice of psychotherapy including addiction counseling. Trainees will learn about the important roles and activities of BHA (Behavioral Health Administration) and DORA (Department of Regulatory Agencies). In this training, trainees will learn the process of certification and credentialing to legally practice in Colorado. There will be an emphasis on developing critical thinking and ethical decision-making skills. Trainees will learn about the differences between privacy and confidentiality, and exceptions to confidentiality.



#### **GROUP COUNSELING SKILLS\***

21 Hours: Meets BHA CAT requirement,

Domestic Violence,

Continuing Education, NBCC

& NAADAC

Date(s): February 26-28, 2025

April 28-30, 2025

Cost: \$200

Time: 8:00AM-4:30PM

Trainer(s): Tracy L. Hutchinson, LPC,

MAC, LAC

(Pre-requisite is Addiction Counseling Skills)

Note: Due to a limited class size for small group skills practice - registration tuition must be paid in full and is <u>non-transferable</u> and non-refundable.

This class will help the aspiring addiction counselor to understand the use of group therapy in the addiction treatment field and be able to demonstrate the skills necessary to facilitate a therapy group. The class will focus on the group process and will discuss diversity within groups as well as the many challenges a group leader may face. The class will also present models of effective group practice.

#### **INFECTIOUS DISEASES IN ADDICTION TREATMENT\*\***

Meets BHA CAS requirement,

Continuing Education, NBCC & NAADAC

February 20-21,2025 (Online) Date(s):

May 8-9, 2025 (Online)

Cost: \$160

Time: 8:00AM-4:30PM

Trainer(s): Thea Wessel, LPC, LAC, MAC

In this training, the focus will be on the complex relationship between the client's drugs of choice, lifestyle choices, and physiological health. Discussions will include immune system health, liver function, harm reduction and specific diseases such as HIV and hepatitis. Strategies will be presented for screening to determine level of risk. referral, and education about disease prevention and treatment.

## MOTIVATIONAL INTERVIEWING, I\*

21 Hours: Meets BHA CAT requirement,

Domestic Violence,

Continuing Education, NBCC

& NAADAC

Date(s): April 1-3, 2025

Cost: \$200

Time: 8:00AM-4:30PM

Trainer(s): Tracy Hutchinson, LPC, MAC,

LAC

(Pre-requisite is Addiction Counseling Skills) Motivational interviewing is an evidence-based practice with widespread use in addiction counseling and is considered to be crucial to the development of counseling skills for this population. The class will focus on learning the motivational interviewing model. In this training, participants will learn the model of stages of change, the tools for creating an environment where positive change can occur, and practice of the skills. Videotaping and feedback will assist the participants in developing a standard level of counseling skills proficiency in MI.



#### **PHARMACOLOGY I\***

14 Hours: Meets BHA CAT requirement,

Domestic Violence, Continuing Education, NBCC & NAADAC

Date(s): March 24-25, 2025 (Online)

June 2-3, 2025 (Online)

Cost: \$160

Time: 8:00AM-4:30PM

Trainer(s): Thea Wessel, LPC, LAC, LAC

Training in pharmacology is a cornerstone of addiction counseling and a major part of what differentiates the professional field of addiction counseling from other mental health disciplines. This class will provide a solid base of knowledge about the drugs of abuse including what is happening in human physiology and behaviors.

An affordable way to obtain the next step in your professional career. Scholarship opportunities may be available!

## PRINCIPLES OF ADDICTION TREATMENT\*

21 Hours: Meets BHA CAT requirement,

Domestic Violence,

Continuing Education, NBCC

& NAADAC

Date(s): February 10-12, 2025

April 9-11, 2025 June 18-20, 2025

Cost: \$200

Time: 8:00AM-4:30PM

Trainer(s): Tracy L. Hutchinson, LPC, MAC, LAC

This training presents the history and theories of addiction, the competencies required of an addiction counselor and scope of practice, and the NIDA principles of effective treatment. There will be an exploration of current evidence-based practices, addiction counselor certification and licensure in Colorado and levels of care offered for addiction treatment as well as certification requirements and professional readiness for addiction counselors.



## TRAUMA INFORMED CARE FOR DIVERSE POPULATIONS\*

14 Hours: Meets BHA CAT Requirement,

Domestic Violence, Continuing Education, NBCC

& NAADAC

Date(s): January 23-24, 2025

May 1-2, 2025 (Online)

Cost: \$160

Time: 8:00AM-4:30PM

Trainer(s): Erin Gazelka, J.D., M.A.F.P.,

LPC, LAC, ADS &

Thea Wessel, LPC, LAC, LAC

This class will introduce the counselor to the concept of trauma-informed care, an approach that is being adopted more frequently within the human services fields based upon an increased awareness of the ways in which trauma impacts functioning. It will describe and define what trauma informed care is and ways in which a traditional treatment setting can be modified to increase the sense of safety experienced by consumers. Students will learn how to incorporate trauma-informed practices into treatment with diverse populations, such as military veterans, women, people with cooccurring disorders and other groups.



## TREATING DIVERSE POPULATIONS\*\*

14 Hours: Meets BHA CAS Requirement,

NBCC & NAADAC

Date(s): January 13-14, 2025 (Online)

May 19-20, 2025 (Online)

Cost: \$160

Time: 8:00AM-4:30PM

Trainer(s): Thea Wessel, LPC, LAC, LAC

Addiction counselors work to improve people's lives by identifying and treating the effects of substance abuse disorders. Addiction counselors may work with people from the public or they may specialize in specific populations, such as gender specific, persons involved in the criminal justice system, families, LGBTQIA, veterans and the opioid overuse epidemic. This course will provide a more in-depth overview of the diverse populations in the addiction treatment realm.

## New trainers welcome!

If you are a qualified trainer and are interested in training at our facility, please contact us at (303) 436-3570.



#### COLORADO ASSOCIATION OF ADDICTION PROFESSIONALS (CAAP/NAADAC)

The Colorado Association of Addiction Professionals (CAAP) is an association of concerned professionals seeking to improve the quality of substance abuse and other addiction treatment services through education, training, and advocacy. CAAP is open to all professionals and students who care about the addiction treatment field and its future. CAAP sponsors conferences and advocates for quality treatment services provided by addiction counselors.

Founded in 1984 as Colorado Addiction Counselors, CAAP formally affiliated with NAADAC: The Association for Addiction Professionals. Membership in NAADAC provides automatic membership in CAAP.

For more information or a membership application call (303) 763-7198 or visit http://www.caap.us/

NCAC I, NCAC II, and MAC national exam information can be found on www.naadac.org, or by calling NAADAC (800) 548-0497 or SACC (303) 763-7198.

#### PROBLEM GAMBLING COALITION OF COLORADO (PGCC)

PGCC is an organization of concerned citizens and industry representatives dedicated to prevention and treatment of compulsive gambling through education and legislative action. For information or membership, call (303) 662-0772

#### **EMPLOYMENT OPPORTUNITIES**

Behavioral Health Services at Denver Health are accredited by the Joint Commission on Accreditation of Healthcare Organizations (JCAHO)

and licensed by Behavioral Health Administration (BHA). BHS programs treat alcohol, drug, mental health, and dual diagnosis clients.

Denver CARES is a full-service withdrawal management facility serving adults in the community. As part of the Denver Health system, clients with mental health or substance use disorder have access to one of the most extensive medical and psychiatric resource networks available.

If you are interested in applying for a career within Denver Health, please visit our online career center at www.denverhealth.org/for-professionals/careers.

For volunteer opportunities, please go to denverhealth.org/about-denver-health/volunteer or contact volunteer services at (303) 602-2926.



Received by:

## **Course Registration Form**

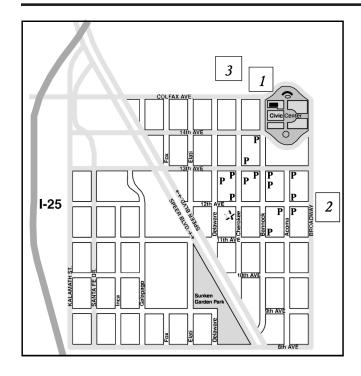
Behavioral Health Training/Denver CARES 1155 Cherokee Street, Room 265 Denver, CO 80204 Phone (303) 436-3570 Fax (303) 436-4023

Student Name		Pnone	(303) 43	36-35/0 Fax (3	03) 436-4023
Last, First Name:					
Employer:					
Date of Birth					
(for transcripts): Billing Address (must					
match credit card billing					
address):				1	
City, State:				Postal Code:	
	Γ		7		
Employee Home Phone:			_	E-mail Address:	
Alternate Phone Number:					
<b>Course Registration</b>				1	
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Dates:				Dates:	
Payment Type	<u> </u>		_		
Credit Card Number (Visa, MC, AMEX or Discover):			Exp Date:		CVV:
	Cash:	Scholarship:			Check:
	Payment Amount:	<u> </u>	Signature:		
*Other forms of payment ar arrangements with us by en					ndicate it on the form and make
<b>Questions</b> Payment Requirement:		ay be answered by calling a equired at the time of cour ninistrator.			gements have been
Registrations: Forms can be submitted via: e-mail: training@dhha.org Fax: (303) 436-4023 1155 Cherokee St., Rm 265 Denver, CO 80204	Some classes ma	•	nt limits in ord cancelled an	der to conduct the conduct the conduct the conduct the conduction described and the conduction describe	•
Cancellation Requirements:	receive a full refu circumstances. C some classes are Interviewing, Clir	redits will be issued at the non-refundable and non-t	after the sev discretion of ransferrable. ical Supervisi	en business days wil the training departn Addiction Counselin ion 2 are non-transfe	I not be refunded under any nent. Due to limited class size, g Skills, Advanced Motivational errable and non-refundable.
Student Acknowledgment: of registration and cancellat Services Training Departme	tion to take courses	through the Behavioral He	ealth	<u>X:</u>	
To be completed by Denve	r CARES Training D	epartment:			

Received Date:



Behavioral Health Services Training MC 3440 1155 Cherokee Street Denver, CO 80204 PRESORTED STD U.S. POSTAGE PAID DENVER CO PERMIT NO. 00174



#### **DIRECTIONS**

#### FROM THE NORTH

I-25 to Speer Blvd. South on Speer Blvd. to 11th Ave. West 2 blocks to Cherokee St. North 1/2 block to 1155 Cherokee St.

#### FROM THE EAST

8th Ave. to Speer Blvd. north to Cherokee St. 1/2 block to 1155 Cherokee St.

#### FROM THE SOUTH

I-25 to exit 209A, East 6th Ave. North on Santa Fe Blvd. East on 11th Ave. 4 lights to Cherokee St. North 1/2 block to 1155 Cherokee St.

#### FROM THE WEST

Colfax Ave. East to Speer Blvd. Speer Blvd. south to 11th Ave. East to Cherokee St. North 1/2 block to 1155 Cherokee St.

#### **PARKING**

#### BHS TRAINING DOES NOT PROVIDE PARKING.

Paid parking lots are indicated by a "P" on the map. Metered parking, as well as limited free 2-hour street parking is available around the building.

#### **ACCOMMODATIONS**